

Vasileios Vasilakis, MD, FACS

Double Board-Certified Plastic Surgeon

Dr. Vasileios Vasilakis is a double board-certified plastic surgeon specializing in breast and body contouring surgery. He is recognized for his expertise in comprehensive body contouring and mommy makeover surgery, including abdominoplasty (tummy tuck), liposuction, fat transfer, and all aspects of aesthetic breast surgery.

Renowned for his precise technique and his consistently natural-looking results, Dr. Vasilakis has extensive experience addressing the complex physical changes that follow pregnancy and weight loss. His approach is highly individualized. Patients seek him out for his thoughtful planning, clear communication, and results that look refined, balanced, and lasting.

Dr. Vasilakis is board-certified by the American Board of Plastic Surgery and the American Board of Surgery. Dr. Vasilakis is also a Fellow of the American College of Surgeons and is an active member of the American Society of Plastic Surgeons.

Education

Dr. Vasilakis earned a bachelor of science and a medical degree with Honors from the world-renowned University of London, followed by a post-graduate clinical year in medicine and surgery at two of London's leading university hospitals. During medical school, Dr. Vasilakis was recognized by the British Association of Plastic, Reconstructive and Aesthetic Surgeons, and was awarded a national scholarship to study microsurgery and complex reconstructive techniques alongside global experts in Taiwan. Dr. Vasilakis was also selected for the honor of serving as a medical school representative at London's Royal Society of Medicine.

Training

Dr. Vasilakis completed full residencies in both plastic surgery and general surgery. He graduated from the New York Plastic Surgical Group and Stony Brook University's plastic and reconstructive surgery residency program in Long Island and New York City. He served as Chief Resident at Stony Brook University Hospital and Nassau University Medical Center. Following his training in New York, Dr. Vasilakis was selected to train at the H/K/B Plastic Surgery

Center in Charlotte, one of the longest running and most prestigious aesthetic plastic surgery fellowships internationally.

Academic Success

Dr. Vasilakis has published and lectured extensively in aesthetic, reconstructive and general surgery, with emphasis on innovative surgical techniques aiming to optimize patient outcomes. Dr. Vasilakis has authored numerous peer-reviewed articles and book chapters in prominent surgical publications, and his work has been presented in national and international conferences.

Personal Life

Dr. Vasilakis enjoys spending time with his wife and three children. In his spare time, he enjoys reading and playing sports.

Certifications / Licensure

- Diplomate, The American Board of Plastic Surgery
- Diplomate, The American Board of Surgery
- Fellow, American College of Surgeons
- Texas State Medical Board
- New York State Medical Board

Honors/Awards

- Scholarship - Aesthetic Blueprint (2019)
- Scholarship - British Association of Plastic Reconstructive and Aesthetic Surgeons (2008)
- Honors - University of London (Medical School): Surgery (2008)
- Elected representative at The Royal Society of Medicine, London (2006, 2007, 2008)
- Merit - University of London (Medical School): Clinical sciences (2006)
- Honors - University of London (Medical School): Anatomy (2005)

BIBLIOGRAPHY

Textbook Chapters

1. Hunstad JP, **Vasilakis V**. Postbariatric body contouring: Vertical thigh lift. In: *Masters of Cosmetic Surgery: The Video Guide - The Dallas Cosmetic Model*. Thieme, New York, NY. Rohrich RJ, Sinno S, Afrooz PN, 2021.
2. Bharti G, Kortesis BG, **Vasilakis V**, Isakson MH. Augmentation in the patient with congenital breast deformity. In: *Spear's Surgery of the Breast: Principles and Art*. Lippincott Williams & Wilkins, Philadelphia, PA. Gabriel, A, Nahabedian MY, Maxwell GP, Storm T, 2021.

Research Publications

1. Yamin F, Nouri A, McAuliffe PB, **Vasilakis V**, Ganz J, Khan SU, Huston TL, Dagum AB, Bui DT. Routine postoperative antibiotics after tissue expander placement postmastectomy does not improve outcome. *Ann Plast Surg*. 2021 Sep;87:S28-S30.
2. Yin C, McAuliffe PB, Marquez JE, **Vasilakis V**, Estrella J, Labropoulos N, Khan SU. Body contouring in massive weight loss patients receiving venous thromboembolism chemoprophylaxis: A systematic review. *Plast Reconstr Surg Glob Open*. 2021 Aug;9(8):e3746.
3. **Vasilakis V**, Lisiecki JL, Kortesis BG, Bharti G, Hunstad JP. The effect of obesity, bariatric surgery, and operative time on abdominal body contouring outcomes. *Aesthet Surg J*. 2021 Jul;41(8):1044-1052.
4. **Vasilakis V**, Kortesis BG, Bharti G, Isakson MH, Hunstad JP. Safety of rivaroxaban for postoperative venous thromboembolism prophylaxis following abdominal body contouring surgery: 600 patients. *Aesthet Surg J*. 2021 May;41(6):674-681.
5. Yamin F, McAuliffe PB, **Vasilakis V**. Aesthetic surgical enhancement of the upper lip: A comprehensive literature review. *Aesthetic Plast Surg*. 2021 Feb;45(1):173-180.

6. **Vasilakis V**, Isakson MH, Kortesis BG, Bharti G. The cinch suture nasal sill excision combination technique for nasal base reduction in rhinoplasty. *Eur J Plast Surg*. 2020 Dec;43(6):713-718.
7. **Vasilakis V**, Isakson MH, Yamin F, Kortesis BG, Bharti G, Hunstad JP. Four-position four-entry site circumferential arm liposuction: Technique overview and experience. *Aesthetic Plast Surg*. 2020 Oct;44(5):1596-1603.
8. **Vasilakis V**, Yamin F, Isakson MH, Hunstad JP. The three-triangle rotation flap technique for aesthetic ear lobule reduction. *Aesthetic Plast Surg*. 2020 Oct;44(5):1555-1559.
9. **Vasilakis V**, Klein GM, Trostler M, Mukit M, Marquez JE, Dagum AB, Pannucci CJ, Khan SU. Postoperative venous thromboembolism prophylaxis utilizing enoxaparin does not increase bleeding complications after abdominal body contouring surgery. *Aesthet Surg J*. 2020 Aug;44(9):989-995.
10. Isakson MH, **Vasilakis V**, Kortesis BG, Hunstad JP, Bharti G. Avulsion fat graft gluteoplasty: Technique overview. *Ann Plast Surg*. 2020 Jun;84(6S):S375-S381.
11. **Vasilakis V**, Nguyen KT, Klein GM, Brewer BW. Revisiting nasal reconstruction after Mohs surgery: A simplified approach based on the liberal application of local flaps. *Ann Plast Surg*. 2019 Sep;83(3):300-304.
12. **Vasilakis V**, Yamin F, Reish RG. Surgeons' dilemma: Treatment of implant-associated infection in the cosmetic breast augmentation patient. *Aesthetic Plast Surg*. 2019 Aug;43(4):905-909.
13. **Vasilakis V**, Sinnott CJ, Hamade M, Hamade H, Pinsky BA. Extra-articular metacarpal fractures: Closed reduction and percutaneous pinning versus open reduction and internal fixation. *Plast Reconstr Surg Glob Open*. 2019 May;7(5):e2261.
14. **Vasilakis V**, Reish RG. Severe delayed hemorrhage after cosmetic rhinoplasty in the

setting of maxillary vascular malformation. *Ann Plast Surg.* 2018 Aug;81(2):146-147.

15. **Vasilakis V**, Hamade M, Stavrides SA, Davenport TA. Bilateral sciatic neuropathy following gluteal augmentation with autologous fat grafting. *Plast Reconstr Surg Glob Open.* 2018 Mar;6(3):e1696.
16. **Vasilakis V**, Cook K, Wilson D. Surgical resection and scarification for chronic seroma post ventral hernia mesh repair. *Am J Case Rep.* 2014 Nov;15:526-9.
17. **Vasilakis V**, Clark CE, Liasis L, Papaconstantinou HT. Noncosmetic benefits of single incision laparoscopic sigmoid colectomy for diverticular disease: A case-matched comparison with multiport technique. *J Surg Res.* 2013 Apr;180(2):201-7.
18. **Vasilakis V**, Liasis L, Gosney J, Golden C, Papaconstantinou HT. Single-incision laparoscopic surgery: Impact on direct cost and resource utilization for right colectomy. *Hellenic J Surg.* 2012;84(6):364-371.
19. **Vasilakis V**, Knight B, Lidder S, Frankton S. Severe type IV hypersensitivity to 'black henna' tattoo. *BMJ Case Rep.* 2010 Oct;doi:10.1136/bcr.09.2009.2277.
20. **Vasilakis V**, Patel HD, Chen HC. Head and neck reconstruction using cephalic vein transposition in the vessel-depleted neck. *Microsurgery.* 2009;29(8):598-602.
21. **Vasilakis V**, Dashwood MR, Souza DSR, Loesch A. Human saphenous vein and coronary bypass surgery: scanning electron microscopy of conventional and 'no-touch' vein grafts. *Vasc Dis Prev.* 2004;1:133-139.

Invited Scientific Publications

1. **Vasilakis V**, Bharti G. Invited commentary on: Split gluteus myocutaneous flap for gluteal projection. *Ann Plast Surg.* 2021 Sep;87(3):362-363.
2. **Vasilakis V**, Bharti G, Kortesis BG. Breast augmentation using silicone implants. ISAPS News Global Perspectives. 2020 Apr/Jun;14(2):61-63.

3. **Vasilakis V**, Hunstad JP. Invited discussion on: Efficacy of two-step surgery on severely protruding axillary accessory breast: First-step mammary gland excision followed by second-look redundant skin excision. *Aesthetic Plast Surg.* 2020 Jun;44(3):687-688.
4. **Vasilakis V**, Hunstad JP. Invited discussion on: Lower body lift after bariatric surgery: 323 consecutive cases over 10-year experience. *Aesthetic Plast Surg.* 2020 Apr;44(2):433-434.
5. **Vasilakis V**, Hunstad JP. Abdominoplasty with concurrent circumferential body liposuction. *ISAPS News Global Perspectives.* 2019 Oct/Dec;13(4):58-59.

Oral Presentations / Abstracts

1. **Vasilakis V**, Lisiecki JL, Kortesis BG, Bharti G, Hunstad JP. Abdominal body contouring outcomes: A single center, five-year experience. The Aesthetic Society Annual Meeting. Miami, FL. May 2021.
2. Yamin F, Nouri A, McAuliffe PB, **Vasilakis V**, Khan SU, Dagum AB, Bui DT. Routine postoperative antibiotics following tissue expander placement post-mastectomy does not improve outcome. American Society of Plastic Surgeons Annual Meeting (Virtual Presentation). October 2020.
3. Yamin F, Nouri A, McAuliffe PB, **Vasilakis V**, Khan SU, Dagum AB, Bui DT. Routine Postoperative antibiotics following tissue expander placement post-mastectomy does not improve outcome. Northeastern Society of Plastic Surgeons Annual Meeting (Virtual Presentation). September 2020.
4. Bharti G, Kortesis BG, **Vasilakis V**. Injectable fillers complications and management. Miami Cosmetic Surgery Annual Meeting. Miami, FL. February 2020.
5. Ghosh K, Marquez JE, Kapadia K, Ferrier A, Medrano C, Marmor W, **Vasilakis V**, Huston TL, Khan SU, Bui DT. Postoperative prophylactic antibiotics are not necessary in tissue expander breast reconstruction. A single-institution's change in protocol.

American College of Surgeons Annual Clinical Congress. San Francisco, CA. October 2019.

6. Nouri A, **Vasilakis V**, Nemeth ZH, Gendler LS, Glatt BS, Starker I. Comparison of aesthetic outcomes of round versus anatomically-shaped implants following nipple-sparing mastectomy. American Society of Plastic Surgeons Annual Meeting. San Diego, CA. September 2019.
7. Yamin F, **Vasilakis V**. Surgical enhancement of the upper lip subunit: A systematic review of the literature. American Society of Plastic Surgeons Annual Meeting. San Diego, CA. September 2019.
8. Perzia B, Marquez JE, **Vasilakis V**, Labropoulos N, Khan SU. Systematic review on the prevalence of venous thromboembolism and bleeding in abdominoplasty patients. American Society of Plastic Surgeons Annual Meeting. San Diego, CA. September 2019.
9. Perzia B, Marquez JE, **Vasilakis V**, Labropoulos N, Khan SU. Systematic review on the prevalence of venous thromboembolism and bleeding in abdominoplasty patients. Stony Brook School of Medicine, Department of Surgery Research Day. Stony Brook, NY. May 2019.
10. Yin C, Marquez JE, McAuliffe P, **Vasilakis V**, Estralla J, Labropoulos N. Venous thromboembolism versus bleeding events in massive weight loss patients undergoing single body contouring procedures: a systematic review and pooled analysis. Stony Brook School of Medicine, Department of Surgery Research Day. Stony Brook, NY. May 2019.
11. Ghosh K, Marquez JE, Kapadia K, Ferrier A, Medrano C, Marmor W, Singh G, **Vasilakis V**, Huston TL, Ganz JC, Khan SU, Dagum AB, Bui DT. Postoperative prophylactic antibiotics are not necessary in tissue-expander breast reconstruction. A single-institution's change in protocol. Plastic Surgery Research Council Annual Meeting. Baltimore, MD. May 2019.
12. Ghosh K, Marquez JE, Kapadia K, Ferrier A, Medrano C, Marmor W, Singh G, **Vasilakis V**, Huston TL, Ganz JC, Khan SU, Dagum AB, Bui DT. Postoperative

prophylactic antibiotics are not necessary in tissue-expander breast reconstruction. A single-institution's change in protocol. *Plast Reconstr Surg Glob Open*. 2019 April;7(4 Suppl):42.

13. **Vasilakis V**, Marquez JE, Mukit M, Restle D, Dagum AB, Pannucci CJ, Khan SU. Venous thromboembolism chemoprophylaxis in abdominal body contouring: Evaluation of safety, efficacy and risks. New York Regional Society of Plastic Surgeons Annual Residents' Meeting. New York, NY. March 2019.
14. Kapadia K, Marquez JE, Ghosh K, **Vasilakis V**, Singh G, Huston TL, Ganz JC, Khan SU, Dagum AB, Bui DT. Prophylactic postoperative antibiotics for tissue expander-based breast reconstruction may increase the incidence of implant loss in high-risk patients. American College of Surgeons, Brooklyn & Long Island Chapter and Nassau Surgical Society Annual Clinic Day. Long Island, NY. December 2018.
15. **Vasilakis V**. Moderator: General plastic surgery paper session. International Society of Aesthetic Plastic Surgery Biennial Global Congress. Miami, FL. November 2018.
16. **Vasilakis V**, Klein GM, Marquez JE, Mukit M, Restle D, Dagum AB, Pannucci CJ, Khan SU. Evaluating outcomes in venous thromboembolism (VTE) prophylaxis: A comparison of two regimens in abdominal body contouring surgery. International Society of Aesthetic Plastic Surgery Biennial Global Congress. Miami, FL. November 2018.
17. **Vasilakis V**, Reish RG. Surgeons' dilemma: Treatment of implant associated infection in the cosmetic breast augmentation patient. Northeastern Society of Plastic Surgeons Annual Meeting. Boston, MA. October 2018.
18. **Vasilakis V**, Nguyen KT, Brewer BW. Nasal reconstruction algorithm and outcomes after Mohs surgery using bilobed, nasolabial and forehead flap techniques. American Society of Plastic Surgeons Annual Meeting. Chicago, IL. September 2018.
19. **Vasilakis V**, Marquez JE, Klein GM, Mukit M, Restle D, Dagum AB, Pannucci CJ, Khan SU. Evaluating outcomes in venous thromboembolism (VTE) prophylaxis: A comparison of two regimens in abdominal body contouring surgery. European Plastic

Surgery Research Council Annual Meeting. Hamburg, Germany. August 2018.

20. **Vasilakis V**, Reish RG. Breast Augmentation: The fate of the infected, exposed implant. A comprehensive literature review. John Knowles Swinburne Annual Memorial Lecture. Long Island, NY. May 2018.
21. **Vasilakis V**, Nguyen KT, Brewer BW. Reconstruction of complex nasal defects following oncologic resection: Our approach and outcomes. American College of Surgeons, Brooklyn & Long Island Chapter and Nassau Surgical Society Annual Clinic Day. Long Island, NY. December 2017.
22. **Vasilakis V**, D'Agostino J, Davenport TA. An unusual complication following gluteal augmentation with autologous fat grafting. American College of Surgeons, Brooklyn & Long Island Chapter and Nassau Surgical Society Annual Clinic Day. Long Island, NY. December 2017.
23. **Vasilakis V**, Simpson RL. Outcome of the smile in facial reanimation: An evaluation of post-surgical results. John Knowles Swinburne Annual Memorial Lecture. Long Island, NY. May 2017.
24. **Vasilakis V**, Nemeth ZH, Gendler LS, Glatt BS, Starker I. Implant-based breast reconstruction following nipple-sparing mastectomy: Do anatomically shaped implants offer an advantage over round implants? American College of Surgeons, Brooklyn & Long Island Chapter and Nassau Surgical Society Annual Clinic Day. Long Island, NY. December 2016.
25. **Vasilakis V**, Clark CE, Papaconstantinou HT. Noncosmetic benefits of single-incision laparoscopic sigmoid colectomy for diverticular disease: A case-matched comparison to standard multi-port laparoscopic technique. American College of Surgeons, South Texas Chapter Annual Meeting. San Antonio, TX. February 2012.
26. **Vasilakis V**, Clark CE, Papaconstantinou HT. Noncosmetic benefits of single-incision laparoscopic sigmoid colectomy for diverticular disease: A case-matched comparison to standard multi-port laparoscopic technique. Annual Academic Surgical Congress. Las

Vegas, NV. February 2012.

27. **Vasilakis V**, Gosney J, Golden C, Papaconstantinou HT. Single-incision laparoscopic right colectomy: A case-matched cost comparison to standard laparoscopic techniques. Annual International Society of Laparoscopic Colorectal Surgeons Congress. Colchester, United Kingdom. September 2011.
28. **Vasilakis V**, Papadopoulou I, Mawire K, Howe S, Bhattacharya S, Kocher HM. Multidisciplinary team meetings: A 5-year retrospective study on cost, clinical outcomes and efficiency in the management of pancreatic and hepatobiliary diseases. Annual Conference of the Pancreatic Society of Great Britain and Ireland. Leeds, United Kingdom. December 2009.
29. **Vasilakis V**. The history of plastic surgery in the United Kingdom. Department of Plastic Surgery Grand Rounds, E-Da Hospital, I-Shou University. Kaohsiung, Taiwan. April 2008.

Research Poster Presentations

1. Yamin F, **Vasilakis V**, Pinsky BA. The use of osteochondral allograft for metacarpal head defect repair. American Association for Hand Surgery Annual Meeting. Fort Lauderdale, FL. January 2020.
2. Ghosh K, Marquez JE, Kapadia K, Ferrier A, Medrano C, Marmor W, **Vasilakis V**, Huston TL, Ganz JC, Khan SU, Dagum AB, Bui DT. Postoperative prophylactic antibiotics are not necessary in tissue expander reconstruction: A single-institution's change in protocol. American College of Surgeons, Brooklyn & Long Island Chapter and Nassau Surgical Society Annual Clinic Day. Long Island, NY. December 2018.
3. Zaransky S, Nasser A, **Vasilakis V**, Simpson RL, Riina LH. Toxic Epidermal Necrolysis: Case report of a 95 percent TBSA Survivor. American College of Surgeons, Brooklyn & Long Island Chapter and Nassau Surgical Society Annual Clinic Day. Long Island, NY. December 2018.

4. **Vasilakis V**, Klein GM, Trostler M, Mukit M, Restle D, Dagum AB, Pannucci CJ, Khan SU. Single-dose heparin versus extended-duration postoperative enoxaparin for venous thromboembolism prophylaxis in abdominal body contouring surgery: 194 consecutive patients. Stony Brook School of Medicine, Department of Surgery Research Day. Stony Brook, NY. May 2018.
5. **Vasilakis V**, Sinnott CJ, Hamade M, Pinsky BA. Comparison of closed reduction and percutaneous pinning versus open reduction and internal fixation of closed metacarpal fractures. American Association for Hand Surgery Annual Meeting. Phoenix, AZ. January 2018.
6. Essani R, Liasis L, **Vasilakis V**, Papaconstantinou HT. Impact of obesity on outcomes of single-incision laparoscopic colectomy. American Society of Colon and Rectal Surgeons Annual Meeting. Phoenix, AZ. May 2013.

Credentials (Box):

Education

- University of London, U.K.
Medical Degree
- University of London, U.K.
Bachelor of Science Degree

Training

- H/K/B Plastic Surgery Center, NC - Aesthetic Plastic Surgery Fellowship
- New York Plastic Surgical Group/Stony Brook University, NY - Plastic Surgery Residency
- Atlantic Health System, NJ - General Surgery Residency
- Baylor Scott and White, TX - General Surgery Internship
- St Bartholomew's and Royal London, U.K. - Post-graduate Clinical Year in Medicine and Surgery

Memberships

- Diplomate, The American Board of Plastic Surgery
- Diplomate, The American Board of Surgery
- Fellow, American College of Surgeons
- Texas State Medical Board
- New York State Medical Board
- American Society of Plastic Surgeons
- Texas Medical Association
- Harris County Medical Society
- General Medical Council (U.K.)